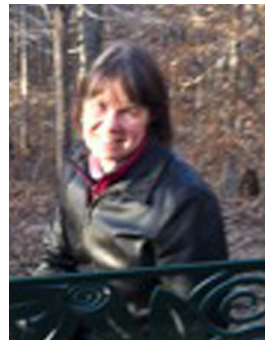


TOUR 10 Garden in the Woods at Native Plant Trust. 180 Hemingway Rd. Framingham.

SHORT TOUR LAYOUT. This tour is for a maximum of 20 GS2023 conference attendees. It is about 2 hours long and includes 2 miles of walking. There is a \$10 per person charge assigned to this tour. The normal charge is \$20, but a local Foundation has made this discount available to GS2023 attendees. This location is 15 to 20 minutes from AmVets.

A Botanic Garden Like No Other. Discover the beauty of native plants in a naturally dramatic landscape. In a place visitors often describe as magical, you'll find a botanic garden that showcases New England native plants in a beautiful natural setting. Garden in the Woods is set on 45 acres sculpted by retreating glaciers into eskers and steep-sided valleys, with a brook, pond, and wetlands. Here you'll find inspiration for your own garden and a new appreciation for the varied plant life of our region. To get a preview before you come, we invite you to enjoy [this virtual visit](#).



Tour leader bios. Both Elizabeth and Glenn are members of the Board of Directors of the Norwottuck Network and are members of the Native Plant Trust. And they are key members of the team that pulled together this, the 9th Golden Spike Conference.

Elizabeth Johnson. Though retired from independent schools, Liz still offers AP workshops for the College Board occasionally, and cycles in her Green Gym (Wachusett Greenway, West Boylston – Holden) almost daily, weather permitting. A connoisseur of rail trails, she has ridden the Mohawk Hudson Trail near Albany, the Waterfront Renaissance Trail in Vancouver (twice), the Santa Monica and Golden Gate Trails in Cali, the Greenbrier River Trail in West Virginia, and most of the trails in Massachusetts. Apart from her darling Wachusett Greenway of the MCRT, the Norwottuck section is still her favorite cycling trail of all!

Glenn Pransky is a physician and public health researcher, with a focus on occupational and environmental health, based at the UMass Medical School. He's been an avid cyclist for many years, and with his wife Terry has explored most of the major rail trails in New England and the southern US on their tandem bicycle. He's a member of the Bruce Freeman Rail Trail Advisory Task Force for the town of Sudbury, and has written several reviews of research studies on e-bike safety and bicycle crashes.



For any questions about these tours, please contact
Craig Della Penna 413 575 2277 CraigDP413@gmail.com

