

# TOUR 9 Beauty of the Bay Circuit Trail.

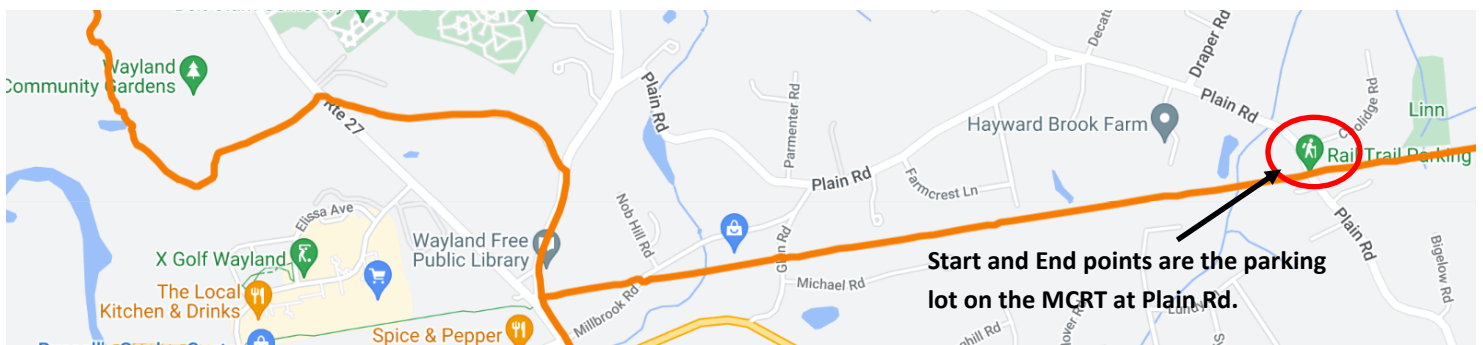
A walking tour led by Callum Cintron of the BCT.

**SHORT TOUR LAYOUT.** Start and end will be the Rail Trail Parking, Plain Rd, Wayland, MA 01778

2.25 mi each way – 4.5mi total 2.5 hours

Our walk will begin at the Rail Trail Parking lot in Wayland. From there we will head northbound on the Bay Circuit Trail (BCT) to the Cow Common Reservation.

Cow Common is 72.1 acres of open fields with red maple swamp mixed in throughout the southwest corner of the property that borders the river. There we will spend 45 minutes learning about the diversity of birds that call the Reservation home from Wayland’s Conservation Department Staffers. To conclude we will walk back to the Rail Trail Parking lot.



## Tour leader bio.

Callum Cintron (They/Them), Bay Circuit Trail Coordinator, joined AMC staff in February 2023. Their work includes coordinating partner relationships, expanding accessible trails, managing trail projects and diversifying the face of outdoor recreation. Their professional experience has encompassed numerous fields including Diversity, Equity and Inclusion (DEI), social justice and human-wildlife interactions. In trails, they have had several stints with the Partnership for the National Trail System (PNTS) as a Trail Apprentice, DEI Committee Member and volunteer. In 2022, they were awarded a Western National Parks Association scholarship for their past and present dedication to diversifying the outdoors workforce. Outside of trails, they work extensively with Indigenous and gender diverse communities. Callum has an academic background in biocultural anthropology and natural resources. They are currently pursuing graduate studies in wildlife management.



For any questions about these tours, please contact  
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